

# Trimble County Extension October 2024 ~ Newsletter



4-H Youth Development  
Family & Consumer Sciences  
Agriculture and Natural Resources

 Martin-Gatton  
College of Agriculture,  
Food and Environment

Trimble County Cooperative Extension  
43 High Country Lane  
Bedford, KY 40006 ph 502.255.7188

Trimble County Extension Homemakers presents:



## Positive Living

with guest speaker, Bob Mueller

### October 22, 2024

Trimble County Extension Service  
43 High Country Lane, Bedford KY

*What makes one person positive and another negative?  
Bob examines what makes people tick. He offers what  
can give strength and peace of mind in dealing with the  
pressures of everyday living.*



Homemaker registration/meeting

~5:00 p.m.

General Public registration

~6:00 p.m.

Meal: 6:30 p.m.

Guest Speaker: 7:00 p.m.



Please rsvp to (502) 255-7188 by October 11, 2024.  
Registration fee: \$15.00 meal and program

Cooperative  
Extension Service

Agriculture and Natural Resources  
Family and Consumer Sciences  
4-H Youth Development  
Community and Economic Development

MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT

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Disabilities  
accommodated  
with prior notification.





### Simply Sharing Homemakers

## Field Trip: Knock on Wood

Westport, KY

**October 16, 2024 ~ 10:30 a.m.**

Meet at the Trimble County Extension Service

Please call to RSVP (502) 255-7188

Lunch is on your own.



## Trimble Thimbles Sewing Group

Trimble County Extension Service

9:00 a.m. ~ 2nd & 4th Saturday of each month

October dates: 10/12 & 10/26

### Oct 12 Paper Doll Quilt Project: Call for material list

New or experienced - All are welcome!

## Trimble County Homemaker Dues

You are invited to join or renew your membership and support your local Homemaker Club. Dues are \$8.00, you may pay in person at the Extension office or mail to:

Trimble County Homemakers

PO Box 244 Bedford, KY 40006

**Bow Making with Jay**  
 Presented by Jay Ingram of  
 JAY'S SUNFLOWERS & SAGE STUDIO, LLC

**NOVEMBER 18, 2024 ~ 6:00PM**  
 TRIMBLE COUNTY EXTENSION SERVICE

\$5.00 REGISTRATION FEE (SPACE LIMITED)  
 MUST RSVP BY 11/08/24 (502) 255-7188

## Family & Consumer Sciences

*Janet E. Brock*  
Agent for Family and Consumer Sciences

# Medicare Enrollment Information Session

### Explore the benefits of Medicare!

Presented by Mark Viehmann, AHIP Medicare Certified

**October 17, 2024**

**11:00 a.m. or 4:00 p.m.**

**Trimble County Extension Service**

Please RSVP for either session by 10/16/24  
(502) 255-7188

Annual open enrollment period:  
Oct 15– Dec 7



# VIRTUAL COOKING CLASS

**NOVEMBER 19, 2024 - 6:30PM**

**MUST RSVP!** See below for options



Try something new with your leftover turkey from Thanksgiving!

### WHAT YOU'LL LEARN:

How to make a savory galette!  
Galette is a classic puff pastry filled with a cream. While usually sweet, we will be making a savory version.

**LEARN FROM A MASTER! KY MILLSTONE CHEF LORI HIMMELSBACH TEACHES YOU TO CRAFT THIS DELIGHTFUL DISH!**



You may join us in person at the Trimble County Extension Service watch party. Please RSVP to (502) 255-7188 by 11/18/24.

If you prefer to watch from your home computer, cell phone or tablet, please contact the Pendleton County Extension service at (859) 654-3395. For virtual option you must register two weeks prior to the program.

# Agriculture & Natural Resources

Below is a list of upcoming educational classes that are beneficial and County Agricultural Investment Program (CAIP) eligible. As always, any questions you may have please contact me at (502) 255-7188 or [regina.utz@uky.edu](mailto:regina.utz@uky.edu).

*Regina Utz*

Agent for Ag & Natural Resources

## Upcoming Events:

### October 3rd: FSA Farmer Appreciation Day

Carroll County USDA Office, 11am - 1pm

### October 8th: Making the Most of this Year's Hay Crop

Trimble County Extension Office, 6pm

### October 14th: Direct Marketing Livestock Products from Small Farms

Henry County Extension Office, 6pm-8pm Meal Provided, MUST RSVP!

### October 26th: Tri-State Homesteading Conference

Boone County Enrichment Center, 8am-4pm. \$40 for full access and lunch  
<https://tinyurl.com/tristatehomestead> MUST PRE-REGISTER!

### October 30th: Planning Your Farm's Future- Estate Planning (Series)

Henry County Extension Office, 6pm Meal Provided, MUST RSVP! (see flyer)

### November 4th: Elite Heifer Sale Paris Kentucky Stockyards, 6pm

### November 7th & 14th: Planning Your Farm's Future- Estate Planning

Trimble & Henry County Extension Offices, 6pm Meal Provided, MUST RSVP!

### November 7th-21st: North American International Livestock Expo

Kentucky Expo Center- Louisville, KY

### November 11th: Beef Quality Care & Assurance Trimble County Extension Office, 1pm

### November 12th: Caring for Horses, young and old, This Winter

Trimble County Extension Office, 6pm

## Making the Most of This Year's Hay Crop

October 8, 2024 ~ 6:00 p.m.  
Trimble County Extension Service

*Join us as Katie VanValin, Beef Nutrition Specialist, presents options to make your hay go further this winter.*

Please rsvp to (502) 255-7188 by 10/7



**County Dead Animal Removal Program**  
**Trimble County Provider:**  
**Countryside Industries (859) 421-1867**

## Fall Harvest Safety

By: David Fourqurean, McClean County Extension Agent for Agriculture and Natural Resources

Fall harvest season is a busy, often stressful, time for Kentucky farmers. It also is a peak season for agricultural injuries and an especially important time for farm families to remember safety. Be sure all workers are trained and physically capable of operating equipment and understand the safety procedures for it. Take time to talk to workers about safety. Long working hours can lead to fatigue and stress, making you less alert to potential safety hazards. Take some breaks when operating equipment for an extended period of time.



If possible, trade off with other workers for a change of pace. Dress appropriately for the job. Avoid loose clothing, jackets with dangling strings, and sweat-shirts that could become entangled in moving equipment. Entanglement in moving parts, especially power take-offs or other chain and belt drivers, is a major fall harvest hazard. Inspect machinery and equipment to be sure shields and guards on moving parts are in place and in good repair. Replace ineffective or missing safety equipment. Before getting off equipment, disengage the power and wait for moving parts to completely stop. When possible, shut off the engine. It is always a good idea to take the ignition key with you so another person does not unexpectedly start equipment while you are performing maintenance or repair. If you are working under any piece of equipment, such as a header unit, always use the jack stand or hydraulic cylinder locks to prevent it from suddenly falling and pinning you under.

Be sure all safety locks are operational. A pinhole-size hydraulic leak can cause severe tissue damage. If you are injected with oil from a hydraulic leak, immediately seek medical assistance. The oil must be surgically removed, and delays can result in serious infections and possible amputations. Always use paper or cardboard to check for hydraulic leaks. Tractor overturns are the leading cause of farm deaths. To prevent these tragedies, equip older model tractors with a roll-over protective structure. Most tractors manufactured after the late 1960s or early 1970s can be equipped with a ROPS for \$800 to \$1,200, a small price to pay for basic safety. Make it a habit to use the seat belt to ensure you remain inside the zone of protection provided by the ROPS or safety cab. The seat belt also will keep you from being thrown off the tractor if you hit an obstacle. Being thrown off the tractor and run over is the second leading cause of tractor deaths in Kentucky. Although not as common, run-over injuries to extra riders, especially those involving children, who fall off are very tragic. To prevent these tragedies, never allow any extra riders on tractors or equipment. Keep bystanders away from operating equipment. Also, be aware of people who may have come into the area. Always check around equipment before starting or moving it. Carry a fire extinguisher on all tractors and self-propelled equipment, especially combines.

Periodically check extinguishers to be sure they are pressurized and in good condition. To prevent fires on combines, be sure equipment is clean and hoses and fuel systems are in good shape and not leaking. Remove trash and debris around engine components. Check for clearances with overhead power lines when operating or moving tall machines, because contact may result in electrocution.

Moving portable augers around overhead power lines is especially hazardous so always lower them first. When filling silos, watch for the bleach-like odor that indicates silo gas. This yellowish brown gas is heavier than air and will settle on the silage surface and may flow down the chute into adjacent livestock areas. Close any doors leading to livestock areas, keep the base of the silo chute well ventilated and do not enter a silo during the first two weeks.

Farm vehicles on public roads are involved in injury accidents from 6,000 to 7,000 times annually in the United States and typically more than 200 collisions involving farm machinery on public roads occur in Kentucky every year. Thus, people driving farm machinery and those driving vehicles should be especially careful and watchful. Keep slow-moving-vehicle emblems and extremity markings clean and bright to help motorists notice equipment. Replace faded SMV emblems and check headlights, taillights and flashing lights for satisfactory operation.

To alert on-coming drivers, use reflectors or reflective tape when the edges of towed equipment extend beyond the left side of a tractor. If a tractor has mirrors, keep them clean and adjusted for the driver to watch for approaching motorists. When possible, pull completely off the road to let a line of traffic behind pass. Since it may be difficult to anticipate the operational intentions of farm machinery on the roadway, other drivers need to watch for unmarked field entrances or other places the driver might be planning to enter. A tractor may need to move to the right to complete a left turn so do not assume the driver wants you to pass when moving to the right side. Pass only in a designated passing zone or when the other driver signals and completely pulls off the road.

# SECURING THE FUTURE OF YOUR FARM

*How to develop a plan for the next generation*



**Henry County Extension**  
2151 Campbellsburg Rd. New Castle  
&  
**Trimble County Extension**  
43 High Country Ln. Bedford

6:00pm - 8:00pm

**RSVP to**

**(502) 845-2811 or (502) 255-7188**

Registration fee of \$20 includes seven dinners and supplemental course materials.

## October 30th

Getting the Most Out of the Estate Planning Process - **Henry Co**

## November 7th

Estate Plans, Wills, Power of Attorney - **Trimble Co**

## November 14th

Transition of Farm & Family Property - **Henry**

## January 14th

Taxes, Capital Gains - **Trimble Co**

## January 21st

Long-Term Care Decisions, Life Insurance, and Funeral Expenses - **Henry Co**

## January 28th

Farm Leasing - **Trimble**

## February 4th

LLCs & Trusts - **Henry**

## 4-H Youth Development

*Ralph R. Hunt III*  
Agent for 4-H Youth Development

### Trimble County 4-H Horse Club



October 8, 2024  
6:30 PM

Trimble County Park  
Owners and non-horse owners welcome!

### Trimble County 4-H Livestock Club

October 15, 2024  
6:30 PM

Trimble County Extension Service

Open to youth ages 9-19.  
Cloverbuds 5 years +  
Come join us!



## 4-H High Adventure Survival Series

UK Cooperative Extension Service

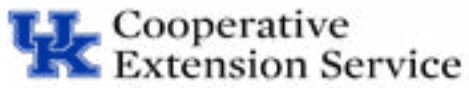
Open to Youth and Adults!  
Attend one or all sessions!

- **October 24: Making Fire** (at TC Library)
- **November 21: Shelter**
- **December 19: Winter Survival**
- **January 16: Wild Edibles**

All sessions:  
6:00 - 7:00 p.m.  
Trimble County Extension Service



Please rsvp to (502) 255-7188



Trimble County  
PO Box 244  
43 High Country Lane  
Bedford, KY 40006-0244

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