



2023-2024 KENTUCKY 4-H HIGH ADVENTURE PROGRAM ASSUMPTION of RISK and RELEASE

The Kentucky 4-H High Adventure Program is a high adventure program for youth 13 years of age and older and adults and is coordinated by the Department of 4-H Youth Development, University of Kentucky Cooperative Extension Service.

In consideration of being allowed to participate in the Kentucky 4-H High Adventure Program in 2022, I hereby release the Board of Trustees of the University of Kentucky, University of Kentucky Cooperative Extension Service, the State of Kentucky, and their agents, officers, employees, and registered volunteers from all claims, demands, and causes of action of any kind including claims for negligence, which may arise from my participation in the aforementioned program.

Kentucky 4-H High Adventure Programs often occur in wild and remote settings. It is important that participants and parents understand the risks associated with these educational adventure activities. Some, but not all, of the activities include:

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| Travel and living in remote wilderness settings | Wilderness first aid and rescue, real and simulated |
| Chores: cooking, cleaning, hanging bear bags | Backpacking, camping, canoeing, rafting, rock climbing |
| Use of liquid fuel (white gas or propane) stoves | Transportation in 15 passenger vans |

Some, but not all of the inherent or other risks that the participant may or will be exposed to include, but are not limited to:

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| Misjudgments by self, others or staff | Improper hygiene or water purification techniques |
| Unpredictable weather problems | Dangerous road conditions and transportation |
| Extreme cold & heat, sun, lightning, rain and snow maintenance | Failure of equipment, despite reasonable |
| Unmarked or obscured hazards | Falling down or slipping |
| Moving water in creeks, rivers, whitewater | Falling rocks, ice, snow and trees |
| Sustained hiking, lifting, or carrying heavy packs | High altitudes |
| Steep slopes, difficult terrain, downed trees | Encounters with wild animals and wildlife |
| Animal hazards: stings, bites, poisoning | Other risks associated with adventure activities |

These and other activities, risks, hazards and dangers can result in, but not limited to:
Mental or physical bodily injury, illness or trauma, death or property damage or loss.

I fully realize the risks associated with participation in the aforementioned event, have reviewed and understand this release and fully understand and assume the risks associated with participation in the program.

_____	_____	_____
Date	Signature of Participant	Printed Name
	_____	_____
	Address	Phone

If participant is under age 18 years of age, a parent, custodial parent, legal guardian's signature is also required.

_____	_____	_____
Date	Signature of Parent/Custodial Parent/Guardian	Printed Name
	_____	_____
	Address	Phone

